



INLPTA Certificate in NLP

This Certificate is awarded on competent completion of the four days and is accredited by the International Neuro Linguistic Programming Trainer's Association - INLPTA - and is recognised worldwide.

Minimum Entry Requirements: None

Length of course: Four days



Enhancing Communication

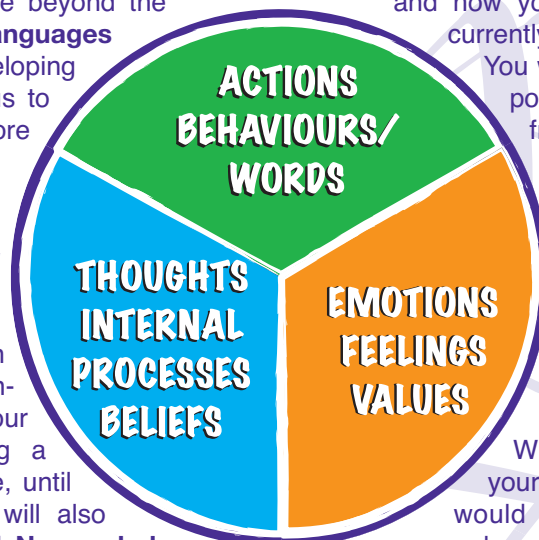
You cannot not communicate

Explore the history of NLP and some of the secrets of elegant communication. Discover how to relate to people at many different levels and in many different ways. By understanding just how we communicate so much more than we are consciously aware of, we can begin to understand the message beyond the words. You will learn about the '**Languages of the Senses**' and how developing skills in using them will enable us to get our messages across even more effectively and with integrity.

Enriching Relationships

If what you are doing isn't working, do something else

Elegant communication is an effective way to improve relationships and you can further enrich your relationships through accessing a degree of **Rapport** that you have, until now, only dreamed about. You will also learn about **Sensory Acuity** and **Non-verbal Communication**. You can further enhance your skills using the powerful and exciting process - **Perceptual Positions** - which will enable you to take different points of view to assist you in understanding and enriching the relationships you have with your family and friends, your work colleagues, clients and customers.



Experiencing Resourceful Feelings

Choice is better than no choice

So often, we think that we have little or no choice about how we feel. Imagine having the ability to recognise unhelpful feelings and emotions and then the skills to transform them into more supportive resources. Discover how you make sense of the world around you and how you can change the ways you are currently doing that using **Submodalities**.

You will also learn to develop a range of possible resources you can choose from in any scenario - such as interviews, that difficult meeting, or when you encounter new and unknown situations and people.

Exploring Life Goals

Tell me what you want, what you really, really want

What do you really want from your life? Where are you now? Where would you like to be? You will learn several models which will help you to set **realistic** and **achievable short term** and **long term goals** so that you can begin the process of transforming your personal and professional life.

About our Training

All of our training courses offer you a practical experience in a relaxing and supportive environment. We offer a combination of explanations, demonstrations and exercises in pairs and small groups giving you the opportunity to thrive in a comfortable environment.

About excellenceforall

excellenceforall has been established in the Northwest since 1993 as a NLP Training Provider, accredited by INLPTA and recognised by ANLP. Since 1993, we have trained in places as far apart as Sheffield and Saudi Arabia, Manchester and Malibu, Glasgow and Gothenburg, Doncaster and Dubai. Our training is known for our energy, integrity and application. We believe that learning is fun and this is reflected in the way we train. We are so confident in the quality of our training that we offer a full money back guarantee on each seminar.

To book now, or for further information, contact:

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