



INLPTA Practitioner in NLP

This Certificate is awarded on competent completion of the course and is accredited by the International Neuro Linguistic Programming Trainer's Association - INLPTA - and is recognised worldwide.

Minimum Entry Requirements: 4 day Certificate in NLP or Diploma in NLP



Length of course: Seventeen days, including certification

Develop your skills even further by learning how to change and transform annoying and unhelpful habits, or ways of being, into supportive ones. Discover how to work with limiting beliefs to change them into empowering ones. Work with those obstacles, which have so far stopped you from becoming the person you really want to be.

Communication

Enhance your **questioning** and **information gathering skills** to enable you to communicate even more effectively and respectfully by learning the **Language Of Precision** and the **Language Of Influence**.

Development

Improve your **problem solving skills**. Find new and exciting solutions to all sorts of issues, using **Walt Disney's Creativity Strategy**. Discover how to design **metaphors** and to tell stories to help yourself and others access untapped inner resources, to improve your skills in influencing people, solving problems, and achieving change with **integrity**.

Flexibility

Discover the many different ways people experience **Time**. Explore the ways in which this influences our skills and behaviours, our thoughts and feelings. Using **Timelines**, learn how to **Release Negative Emotions** which are limiting you. Learn how to **Create A**

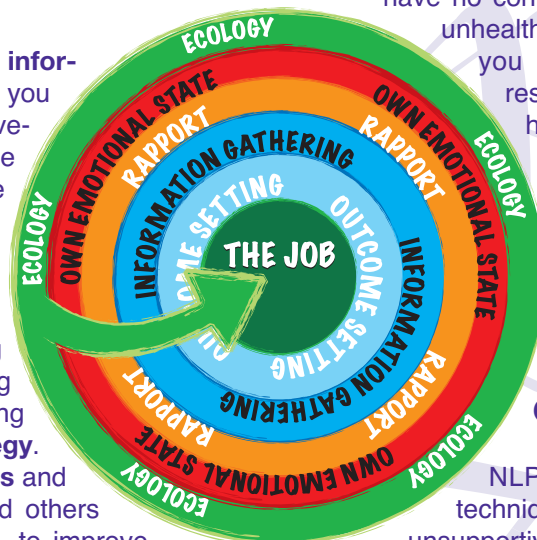
Compelling Future For Yourself. Increase your flexibility in situations old and new by developing your skills in **Mentally Rehearsing**.

Choice

Learn the **Swish** and the **Designer Swish** patterns to gain more choice over those habits that you seem to have no control over such as nail-biting, eating unhealthily or to excess, drinking more than you like to. Generate new ways of resolving long term problems which have until now seemed unsolvable by using the **Six Step Reframe** and **Outcome Integration**. Work out what you and others do well and learn how to replicate this whenever you want it by eliciting the **strategies** that successful people use.

Change

NLP offers a range of tools and techniques to help you to transform your unsupportive and limiting beliefs into more enabling and empowering ones by learning the **Generative NLP Format**, **Reimprinting** and **Organic Belief Change**. Change unhelpful feelings towards people and situations to more appropriate and useful ones, using the advanced techniques of **Collapsing Anchors** and **Chaining Anchors**. Learn how to use these on a one-to-one basis and also with groups and teams.



University of Chester

excellenceforall and University College Chester (UCCh) are now working in co-operation to offer Higher Education level accreditation in NLP, Integral Studies & The Enneagram.

Participants on our programmes now have the added option of registering with UCCh, one of few Universities in the country offering awards in Work-Based & Integrative Studies. You can earn credits towards a BA or an MA while attending excellenceforall's INLPTA Practitioner and Master Practitioner programmes.



To book now, or for further information, contact:

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